



HEALTHMILES SIGN-UP INSTRUCTIONS

1 – GO TO YOUR HEALTHMILES ENROLLMENT PAGE

Go the appropriate KEHP HealthMiles Enrollment Page and click "Join Now" at the bottom of the page:

- http://www.virginhealthmiles.com/kehpemployees (for employees covered under KEHP)
- http://www.virginhealthmiles.com/kehpdependents (for adult dependents covered under KEHP)
- http://www.virginhealthmiles.com/kehpfriends (for waivers).

PROGRAM	EMPLOYEES*	DEPENDENTS* 18 and older	Waivers
Up to \$150 in annual HealthCash	\$1.50 / Month	\$2.50 / Month	\$29.99 Joining Fee & \$6.99 / Mo.

^{*} Employees and adult dependents covered under KEHP are also eligible for monthly drawings with over \$20,000 available in prizes each month!

2 – ENTER YOUR PERSONAL INFORMATION

- Enter the required Personal Contact Information
- Choose a Password (at least 4 digits, alphanumeric)
- Click Continue
- Enter credit card information and click Continue to Confirmation Page

3 - CONFIRM

- · Review and confirm your details
- · Accept the Membership Agreement & Privacy Policy
- Click Submit

4 - Record LOGIN Information

- Write down your Member ID below and remember your Password
- Download the pedometer software from the link provided.
- · Log into your account with your Member ID and Password
- Complete the "Manage Account Page" and confirm your shipping address for your FREE pedometer.
- · Click Submit and the pedometer will be delivered 5 7 work days

5 – ACTIVATE YOUR GOZONE PEDOMETER

- · Plug your pedometer into the USB cable provided
- Enter your Member ID and PIN. Click Confirm
- Enter in your height and weight and hit Continue
- · Click Finish and wait for the iSync window to pop up
- Click **OK** and your pedometer is ready to go!

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6 - GET MOVING!!

- Log in at www.virginhealthmiles.com and complete the Health Snapshot.
- If you have questions, call Virgin at (866) 852-6898