Student Development & Counseling Newsletter

February 2007

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Upcoming SDC Workshops

2/2 QPR - Suicide Prevention OB210 12 - 1PM with Vicky Wells

2/7 Relationships OB210 12 - 1PM with Gary Santana

2/21 The Hottest Careers in KY OB 210 2 - 3PM with Laura Williams

2/22 Career Planning OB210 11:30 - 12:30PM with Donna Murphy

Leestown

2/14 and 2/15 Student Center, Bld. B
Self Management & Making Connections
to Success
10:45-11:30 AM; 11:45-12:30 PM
or 12:45-1:30 PM
with Deborah Mapp-Embry

Cooper Campus

SDC 102 - Stress Management

J001 TR 2 - 3:15 PM (2-13-07 to 3-22-07)

J002 TR 2 - 3:15 PM (3-27-07 to 4-26-07)

SDC 105 - Career Planning

J001 MWF 10 - 10:50 AM (2-14-07 to 3-28-07)

J003 MW 2 - 3:15 PM (2-14-07 to 3-28-07)

SDC 109 - Employability Skills

J001 MW 2 - 3:15 PM (4-2-07 to 4-25-07)

J002 TR 12:30 - 1:45 PM (2-13-07 to 3-22-07)

Welcome to BCTC, Vicky Wells and Deborah Mapp-Embry!

Vicky Wells is the new Counselor (Interim) on the Cooper Campus. She has a Bachelor of Arts in Psychology from Brescia College in Owensboro, Kentucky. She also has a Secondary teaching Certificate in Psychology, Middle Grades Certificate in Language Arts, Master of Arts in School Counseling, Gatekeeper Instructor Certificate in QPR, and a Guided Imagery Instructor Certificate. Vicky has spent years as a Hatha Yoga instructor, as well as being an advocate and instructor for the health and wellness of one's body, mind, and spirit. She developed and directed the first Career Counseling Center in Student Support Services at Brescia University, (formerly Brescia College). She enjoyed counseling and instructing for ten years at Brescia University before moving to Lexington, KY.

Deborah Mapp-Embry is the new Adjunct Counselor at Leestown Campus. Deborah has her Ed.D., Instruction and Administration, with an Emphasis in Educational Leadership and a Social Justice focus; M.Ed., Guidance and Counseling; B.A., Secondary Education with Social Studies Concentration (University of Kentucky). Deborah has served as a former career counselor; preschool, middle, and high school teacher; district curriculum coordinator and director of a First Year Experience university unit. She is presently offering counseling and life skills services that can assist Leestown Campus students in their pursuits toward college success.

Open Spring SDC Classes

(3-1-07 to 4-10-07)

Danville SDC 100 - College Survival Seminar 17E1 TR 5 - 6:15 PM

<u>Leestown</u> <u>SDC 100 - College Survival Seminar</u> 1501 TR 11 - 12:15 PM (3-30-07 to 4-27-07)

Contact Us

Student Development and Counseling 103 Oswald Building 859-246-6530 "We service all campuses."

Student Development & Counseling Newsletter

Don't have a Major....

Stop by OB 103 to schedule a career counseling appointment!

On behalf of Student Development and Counseling I would like to welcome everyone back to the start of a new semester. I hope that everyone had a good Holiday Season and is rested and refreshed to start anew. For those who may not have been here for the fall, welcome to BCTC! We at Student Development and Counseling strive to enhance your educational experience as much as possible. *News Flash*: We will have an adjunct counselor stationed at Leestown this semester. Ms. Deborah Mapp-Embry will be Building C, Room 102 from 10:30am - 1:00pm, Wednesdays and Thursdays. Over the course of the semester we hope to offer a SDC 100: College Survival class, offer a variety of workshops, and be available for counseling issues that may arise. Last but not least, we hope to begin to lay the groundwork for a fulltime counselor to be stationed on the campus.

So here's to a great Spring 2007 semester!

Gary Santana, Coordinator

Student Development and Counseling



Services

Student Development & Counseling (SDC) is devoted to the well-being and development of Bluegrass Community and Technical College students.

- Career Counseling
- Academic Counseling
- Personal Counseling (Short-Term)
- SDC Courses

Have a question?

Feel free to stop by 103 Oswald Building Call 246-6530 Email BCTC_SDC@kctcs.edu

We will answer emailed questions in the next month's issue.