

# Student Development & Counseling Newsletter

November 2006

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## Upcoming workshops

11/8 Stress Relief Techniques OB 210  
with Laura Williams  
11 - 12am

11/27 Learning How to Reduce Stress OB 246  
With Karen Mayo  
1 - 2 p.m.

**Dr. Dorothy Edwards, Director**  
*UK Women's Place*

Presents:  
*Violence Against Women*

**Monday, November 13, 2006**

**2:00 PM - 3:00 PM**

**OB 230 Cooper Campus**

*Co-Sponsors:*  
*Student Development and Counseling*  
&  
*The Communication Department*

## Spring SDC Classes Cooper Campus

### **SDC 100 - College Survival Seminar**

Section: J001 MWF 10 - 10:50  
(1-8-07 to 2-12-07)

Section: J002 MW 2 - 3:15  
(1-8-07 to 2-12-07)

Section: J003 TR 2 - 3:15  
(1-8-07 to 2-8-07)

### **SDC 105 - Career Planning**

Section: J001 MWF 10 - 10:50  
(2-14-07 to 3-28-07)

Section: J002 MWF 10 - 10:50  
(3-30-07 to 4-27-07)

Section: J003 MW 2 - 3:15  
(2-14-07 to 3-28-07)

### **SDC 102 - Stress Management**

Section: J001 TR 2 - 3:15  
(2-13-07 to 3-22-07)

Section: J002 TR 2 - 3:15  
(3-27-07 to 4-26-07)

### **SDC 109 - Employability Skills**

Section: J001 MW 2 - 3:15  
(4-2-07 to 4-25-07)

Section: J002 TR 12:30 - 1:45  
(2-13-07 to 3-22-07)

### **Leestown Campus**

**SDC 100 - College Survival** Section 1501  
TR 11 - 12:15 (3-1-07 to 4-10-07)

**SDC 109 - Employability Skills**  
Section 1501 TR 11 - 12:15  
(1-9-07 to 2-8-07)

### **Contact Us**

SDC  
103 Oswald Building  
859-246-6530  
"We service all campuses."

### **Danville Campus**

**SDC 100 - College Survival**  
Section 17E1  
TR 5 - 6:15 pm  
(3-1-07 to 4-10-07)

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**Don't have a Major....  
Stop by OB 103 to schedule a career counseling appointment!**

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## Holiday Resources

Do you or someone you know need help with Thanksgiving or Christmas dinner? What about a gift for a child? If so please come to OB 103 and see Kathy Shoemaker for more information.

## Answers To Last Months Questions

Question #1 Getting enrolled in ROTC after transferring to UK.

Actually there are several options. Once transferred to UK a student can enroll in Aerospace Studies (Air Force ROTC) or Military Science Courses (Army ROTC). Both Branches have a Summer Camp Program (4 – 6wks) that would allow a cadet to bypass the first two years of coursework and begin the program at the junior or 3<sup>rd</sup> year contract level. To discuss which option may best meet your needs contact the Air Force ROTC Department at 257-7115 or Army ROTC at 257- 2696

Question #2: Student who was failing a class and afraid to drop it due to her financial aid.

*From my perspective* it is always better to drop a class than fail a class. Financial Aid looks at several issues, one is the number of hours *successfully* completed out of the number of hours attempted; *successfully* entails not only the number of hours a student was registered for but also the number of hours passed. So from this standpoint 3 hours failed might/would be calculated the same as if they had not been registered for at all. Therefore my advice would be to drop the course in question if you feel you do not have a reasonably good chance of passing it.

November  
23 - 26th  
Thanksgiving  
Break  
NO  
CLASSES

## Services

Student Development & Counseling (SDC) is devoted to the well-being and development of Bluegrass Community and Technical College students.

- Career Counseling
- Academic Counseling
- Personal Counseling (Short-Term)
- SDC Courses

## Have a question?

Feel free to stop by  
103 Oswald Building  
Call 246-6530  
[BCTC\\_SDC@kctcs.edu](mailto:BCTC_SDC@kctcs.edu)

*We will answer emailed questions in  
the next month's issue.*